



## Jim Manning

April 19, 2016

Jim Manning (aka Dr. Manning to his former students at William Patterson University in New Jersey) was an inspiring man who lived his life to the fullest. He had a passion for running, hiking and biking in the beautiful deserts and mountains of Southern Utah. He was a big fan of Dixie State athletics and enjoyed many a competitive soccer match on that campus. Sun River became his full time home when he retired from his 30 year teaching career in the summer of 2014. He will be dearly missed by his neighbors and friends in Sun River as well as by his family, friends and former students far and wide.

# Tribute Wall

PG

“ Jim Manning was my best friend while we did out PhD together at U Maryland ...  
we kept in touch... 1Lt Manning Phd ATC I am shocked... A true friend. Exercise Physiology, we both went to Indiana State for atheltic training masters degree, soccer, drinking, eating the very crap that we taught our students to avoid, watching 'the miracle on ice' in 1980. May your Vo2 max reach 100 in heaven brother --  
Peter Gray MD Phd FACC

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**peter gray** - December 28, 2016 at 11:17 AM

AF

Dear Paula,  
I am so sorry to find out about Jim's passing this past year.  
I was a classmate of Jim and Peter Gray at the university of Maryland.  
Based on Jim's and Peter's recommendation I choose Indiana State University to take a faculty position there and work with the legendary Dr. Bob McDavid.  
His advise was excellent and I just finished my 37th year at ISU teaching biomechanics, exercise physiology and research.  
Jim's and Peter's picture during their Athletic Training years at ISU is mounted in our Arena building. It will be moved into our new \$64 million addition so he frequents the ISU halls daily.  
My thoughts and prayers are with you and the family.  
Al Finch, PhD, HFi,DCT,FISBS

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**alfred finch** - June 20, 2017 at 10:53 PM

PA

“ So sorry to hear about the passing of my favorite professor at William Paterson '95 who always lent me his ear. He will be sadly missed. Just read the news in the Fall issue of the William Paterson Univ. mailing.  
Pat Sullivan/Van Houten

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**Pat** - November 27, 2016 at 08:45 PM

PA

“ So sorry to hear about the passing of my favorite professor who always lent me his ear. He will be sadly missed. Just read the news in the Fall issue of the William Paterson Univ. mailing.  
*Pat Sullivan/Van Houten*

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**Pat** - November 27, 2016 at 08:44 PM

PG

“ I just read about Dr Mannings passing in the William Paterson Fall Magazine. I am so sorry to here of this. When I was a manager at St Joseph's Hospital in Paterson, NJ, we worked closely together. He would send his exercise science students over to our Cardiac Rehab program for internships. He was so enthusiastic about exercise science and teaching. I learned so much from him. I even took one of his Exercise Physiology Classes at WPU.  
*He will be missed. So sorry for the loss of this awesome man.*

*Pat Gortych, RN*

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**Pat Gortych** - November 21, 2016 at 07:01 AM

AS

“ I just read in the William Paterson Fall magazine about the passing of Dr. Manning. He was my exercise and physiology professor in 2001. I was so sad to hear this news. He was an inspiring professor who encouraged me as a non-traditional 35 year old student returning to college to become a Physical Education Teacher. Dr. Manning eased my fears and helped me build confidence as a student when we had to test ourselves during experiments in the Human Performance Lab. Whether it was testing our VO2 Max on the treadmill or measuring our body fat by being submerged in the pool, he motivated and encouraged us all. One of his famous lines in class which I will never forget was this, "A calorie is a calorie, is a calorie, and you can get just as fat eating nothing but as ice cream as you can eating nothing but grapes." I have repeated that line so many times over the years. I will never forget him. My sincere condolences to his family.

Anne Seymour  
National Board Certified, Physical Education Teacher  
Wappingers Falls, NY

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anne seymour - November 18, 2016 at 03:55 PM

GH

“ I had the privilege of having Dr. Manning teach and mentor me throughout my undergraduate and graduate program at WP. He was an inspiring professor always teaching with such passion about our studies, but most of all, about life. As a professor, he always had a "person" first and "student" second mentality. This made his students want to achieve more in and out of the classroom...and we did.

*In January, I was out in Las Vegas coaching one of bowling students from WP and Dr. Manning made the drive to support him and visit with me. We hiked at the Valley of the Fire state park, had dinner and great conversations together. Its very special when you have a professor that you look forward to spending time with like I did with Dr. Manning. He cared about people.*

*I am very thankful for having been a friend of his for the last 10+ years. He has inspired me and many others to carry on the passion he had for living life with little to no regrets.*

*Greg Hatzisavvas*

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**Greg Hatzisavvas** - May 14, 2016 at 11:01 AM

TL

“ Dear Paula, I am so sorry for your loss. My prayers and deepest sympathy to you and your family.

*I was a student of Dr. Manning back in the 1980's at William Paterson University. Our classes were a total of 9 students and he taught all the exercise sciences classes in the Dept. He most certainly loved his teaching as it has shown up in so many of his students! He fueled my spark for the love of exercise science to where I became his colleague. Our conversations from undergrad to grad to PhD school will never be forgotten, He was my inspiration, my teacher, my mentor, and my colleague. I was sad when he left for Utah and always hoped that I would someday get out there to experience his new found life and continue our conversations. Jim has touched so many lives.... especially mine! I will miss him dearly!*

*Toni LaSala,  
Assistant Professor  
William Paterson University*

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**Toni LaSala** - May 09, 2016 at 07:26 PM

BB

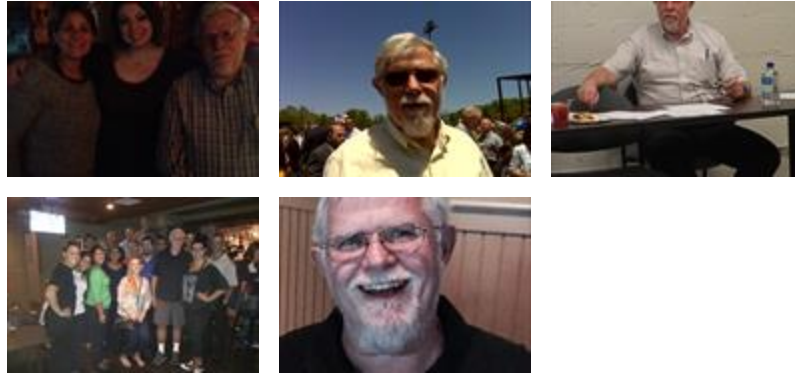
*Dear Paula, I was saddened to hear of Jimmy's passing this past year. He was my best friend growing up with Buzz on Center Street in Easthampton. We shared breaking Mr. Chapman's barn windows in kindergarden. He always had a great arm from third base as he grew up. I am sorry that I lost track of him and his noted accomplishments as a sports and exercise scientist. I hope you and your family are doing well and would love to hear from you. So sorry to have lost him. Peace,  
Bob Bridges robert.bridges@tufts.edu*

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**Bob Bridges** - February 14, 2017 at 01:23 PM

GS

“ 10 files added to the album *New Album Name*



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**Gordon Schmidt** - May 09, 2016 at 06:52 PM

GS

“ *Dr. Jim Manning was a cherished colleague of mine at William Paterson University. When he retired to Utah, he stayed in touch with many of us through his lengthy text messages and accompanying photos of him attending a Nascar event, going up in a hot air balloon, running in the desert, or hiking in Zion. We missed our dear friend when he left New Jersey and we will always remember his live-life-to-the-maximum attitude. Jim was quiet in meetings, and when he spoke, his word were highly respected. His students span three decades and they demonstrate his excellence in teaching by representing him and the university with distinction.*

*To Paula: I am extremely sorry for your loss. I remember meeting you in Phoenix while Jim ran the Rock-and-Roll marathon and later in Sedona where we shared stories over a pint of ale. Our thoughts and prayers are with you.*

*Kindly and sadly,  
Gordon Schmidt*

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**Gordon Schmidt** - May 09, 2016 at 06:11 PM

DP

“ Dear Paula, I am so distressed to learn this news, and it is especially tragic as Jim was so enjoying a well-deserved retirement in Southern Utah. I feel like I know you well, although I'm not sure we have ever met, as he spoke of you so often since I met him in graduate school at Indiana State University in 1977. Please know I am thinking about you at this most difficult time, and reflecting on the wonderful life of my friend Jim.

*Dave Perrin*

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**David Perrin** - May 02, 2016 at 08:19 PM

RW

“ I am so sorry to hear about this horrible news. I met Jim a year ago when he stopped by my office and offered to help Dixie State University. Jim and I became dear friends. We watched a lot of soccer games together both at DSU and the local high schools. I will definitely miss our conversations and our friendship. My thoughts and prayers go out to all of his family and friends. I will truly miss him.

*Sincerely,*

*Richard Biff Williams  
President  
Dixie State University*

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**Richard B. Williams** - May 02, 2016 at 04:40 PM