



Paul Frederick Sargent

January 6, 1938 - September 5, 2016

St George, UT – Paul Frederick Sargent, at the age of 78, passed away on Monday, September 5th 2016, after a two year battle with colon cancer. He was born in SLC to Clarence F. Sargent and Lula J. Sargent. He married Janice Whiting in 1961.

Paul grew up in SLC area and graduated from South High School. He worked at Litton Industries, Edo Western Corp., and an owner and operator of Alphagraphics Print Shop in Sandy, UT. He went to the U of U for a time and became a huge Utes football fan. He had season tickets for years and enjoyed tailgating and entertaining with friends and family up at the games. Paul enjoyed playing and watching football, basketball, softball, golf and many other sports throughout his full life.

Paul is survived by: Jan, his loving wife of 55 years; two children: Scott F. Sargent and Diane Tinker (Paul); two grandchildren: Logan and Carsen; one great-grandchild: Bentley; and one brother Gary Sargent (MaryLynne).

The family would like to thank the doctors and nurses at the cancer clinic and hospital for all their help and all the friends and family that have been supporting him along his journey.

In lieu of flowers, please support cancer research at: <http://fightcolorectalcanc>

er.org/do-something/fund-the-fight/. The family will have a gathering at a later date for a celebration of life. To those interested in coming, please email Jan Sargent at: jansarg@yahoo.com for more information.

Tribute Wall

JD

“ Hi Jan, I feel really blessed to have known Paul. Jan, you and Paul both were such a huge, huge asset for all your help in the senior games. Remember I always told you guys that if you guys weren't there, I wouldn't be either. I knew I could always count on you both to always show up and always had such great attitudes. I know all the guys that played really appreciated having you there. Jan, also I am so glad that I got to spend a couple of afternoons with Paul toward the end. We tried to solve all the world problems when we were at your house. I thoroughly enjoyed those visits. I remember the last time I visited him, I said when leaving your house, "it was good to see you" and Paul replied "its good to be seen". He had a great attitude for a guy that was going thru what he was. At least now he's at peace and no more suffering. Take care of yourself, Jan. Your friend Jim Donnelly

james donnelly - September 09, 2016 at 02:24 PM

DB

“ Hi cousin. So sorry to hear about Paul. I think of you and Paul always even though we don't get to see each other very often. You two always made a room light up when you entered with your smiles and the great attitudes. I was always glad to hear the happy voices. Paul always made me happy when seen or thought about Him. He was always so fun to be around. Hope to see you soon.

Love you Guys.
Denney & Shirlene Bench

Dennis B Bench - September 09, 2016 at 02:06 PM

JL

“ We were deeply saddened to hear of Paul's passing. Although we have lost touch for a while, we have some wonderful memories of fun times shared with you & Paul. Paul was a stellar person and he was so brave in his fight against the disease. He now can rest in peace with God. Please accept our heartfelt condolences.
Sincerely, Jim & Sandy Lamont

Jim & Sandy Lamont - September 08, 2016 at 08:23 PM

WS

“ Paul was a wonderful man. He will be missed. We had great times in Star Valley. Our prayers are with you Jan.

wayne and DeAnna Sittre - September 08, 2016 at 01:05 PM

MS

“ Uncle Paul is such a great man. I know that the Big Ute in the sky has already extended an invitation to Uncle Paul to come to his place to watch the rivalry game this Saturday.

I have such fond memories of the times we were able to get together. Uncle Paul and Aunt Jan, you were always so welcoming and accommodating, always making sure we stopped at their Tailgate for a coke and a hot dog on our way to the football games. Uncle Paul's voice is unforgettable, as is the spring in his step.

I attribute my UTE fandom to you, Uncle Paul and Aunt Jan. I think you were so thrilled to have a few of us Fruit Heights Sargents turn Ute-RED, that you donated to the Crimson Club in my name as my High School Graduation present, so that I could have my name in the program. You are the best, and I love you dearly!

Scott and Lady Di, I love you so much as well. Keep your heads high, as your loss is heaven's gain.

*All my love,
Mark*

Mark Sargent - September 07, 2016 at 06:55 PM

GS

“ Jan, Scott, and Di, we are going to miss the greatest Uncle you could ask for. Paul was a kind hearted, loving man. Paul and Jan you both took the time out of your day to come and watch Nate play Baseball while in a Tournament in St. George, what a great deal that meant to me personally but to my family as well. Not only that kind gesture stands out to me, but when I came down St. George to interview for a job, the two of you were more accomodating than anyone could ever imagine. I have many memories of coming to your house as a youth, playing in your back yard during family get togethers. I remember coming to the Tailgate Lot with Mark and seeing you guys there, thanks for steering a few of us Sargents in the right direction to the Utes, Mark, Myself, Rand, and Lori will always remember the Greatest Ute of them All.

Jan, thanks for always being the most wonderful Aunt in the world, and thanks for sticking by Uncle Paul through this tough ordeal. We Love You.

Scott and Di your dad was an incredible man. We Love You guys.

We will miss you Uncle Paul, thanks for being a great loving Uncle to us.

Greg, Kris, Sam, and Nate Sargent

Greg Sargent - September 07, 2016 at 08:45 AM