



Tristen Benedict Nilssen

July 21, 1994 - January 11, 2016

Tristen Benedict Nilssen, 21, passed away on Jan. 11, 2016 in St. George, Utah. Tristen was born on July 21, 1994 in Aberdeen, Washington to Patricia and John Nilssen.

Tristen graduated from Desert Hills High School. He was a student at Dixie State University. He was a remarkable artist. He was a champion soccer player. He loved to hike and the outdoors. He was genuinely kind and giving. A true Norwegian and had the heart of a Viking. He touched the lives of everyone he met.

He is survived by parents Patricia and John and eleven siblings; Stanley, Amber, Heather, Emily, Jonathan, Patrick, Adam, Ashton, Henning, David, and Birgitte.

Memorial held Saturday, January 16, 2016 at 2:00 pm at the Bloomington Stake Center, 200 W. Brigham Rd.

Online condolences can be made at www.SerenityStG.com.

Previous Events

Memorial Service

JAN 16. 2:00 PM (MT)

Bloomington Stake Center
200 West Brigham Road
St. George, UT

Tribute Wall

PN

“ *Tristen it has been 3 years and 2 months since you passed away. We all miss you so. You were so kind, gentle, full of life, genuine, true to your beliefs. I can honestly say that of all my nine children you really saw the best in me and had my back. This is why your passing has truly been so difficult for me. Since you passed so unexpectedly many did not know the cause of your death. To all I must speak for you and so they might know. This was not a suicide. You died of a broken heart. One morning all those days ago you simply fell forward on your bed and suffocated. Death unknown. It was just your time to return to our Heavenly Father. I am grateful I learned this. Too many people assumed the wrong thing about you. My son, Tristen, strong and gentle and so full of humor and kindness, and joy lived a full life and returned to God a pure soul. May you rest in peace dear one It is time to let you go, with all my love Mum*

Patricia Nilssen - March 10, 2019 at 11:53 PM

PN

“ *Tristen passed away a year and a half. I need to tell you all we still grieve so very much at the loss of such a joyful part of our hearts. Last week I went to Hawaii to at least spread a few handfuls of his ashes over the cliffs of South Point on the Big Island. I felt his presence and the joy he felt. However we have a large family and will be doing fundraisers to gain enough money to as a family go to my mom's gravesite next to the Hawaii Temple and officially bury him next to mom and where I too will go. A few of his ashes will be able to drift at the ocean he loves, but the rest will be settled in Laie. Then and only then will I be settled. A tough call for a definite need. Thank you all for your Aloha, Tristen's Mom Patti Lynne Nilssen*

Patricia Nilssen - June 20, 2017 at 12:09 AM

PN

“ It has been 7 months since our son passed away and still we are so amiss in the loss of such a great soul in our hearts. Tristen we miss you so very much. I feel I have lost over half of my heart in your passing. May you go foward in faith on the other side in peace and joy which you deserve. I am so very proud of you and love you with all my heart Mom.

Patricia Nilssen - August 11, 2016 at 03:06 PM

MO

“ My heart and mind are racing through memories of Tristen and Adam. I was Tristen's teacher for an after school program called School of Life. We taught kids how to get straight A's in life. I was drawn to Tristen right of the bat. He loved soccer and so did I. We shared our soccer stories. I knew from the moment I meet him he had so much potential. He was kind, tender and giving. He's hair was awesome and expressed his personality and zest for life. It was privilege and an honor to have Tristen as one of my students. I have kept track of Tristen over the years and I am very Proud of him. My heart was broken knowing he return to Heaven way too soon. I know with out a doubt Heavenly Father was waiting for Him and welcomed him home with open arms. Tristen you are and will always be one of my favorite students. With much love I say...Until we meet again...Michelle Orton

Michelle Orton - January 19, 2016 at 11:45 PM



Thank you so much for sharing this I just found it now online but a time I deeply needed. I am Tristan's mother Patricia and I'm having a very difficult time being separated from him. We were so very close in my life seems so empty without him. I'm glad you got to experience if you have my sons thank you for taking time to share this with me I will keep it in my heart forever aloha Patti

Patricia Nilssen - July 01, 2016 at 09:45 PM

PN

Thank you so much for sharing this with me we miss him every day every minute of my life has changed. I hope you will get to read this. For every person that Tristen touched they touched him aloha Patti

Patricia nilssen - September 27, 2016 at 09:50 PM

HH

“ *Oh where to start. I'm friend with both Tristen and Adam. Tristen was always my buddy, on the bus in middle school and whenever we got the chance to see eachother. He is truly such a pure soul who had so much to offer and it's so sad for me to hear that his personality can't be apart of daily lives because it was people like him who made people happy and think positive. Just a few weeks ago I saw him and his brother Adam at Walmart. After might I add, a year or so of not talking. He came up and said "Hannah? WHATS UP!!" And gave me a big hug. He would have sat there and talked to me and Lylah for hours of Adam didn't tell him to go on 😭 Loved seeing his smile and being able to catch up. I'm so sorry for his family and you are each in my thoughts. The memories Tristen gave people and the love he shared to every body will be the reason he lives on forever. Rest in peace good friend. In my heart as one of the greatest, purest, most genuine people I've ever met.*

hannah lacy hall - January 14, 2016 at 10:04 PM



Thank you Hannah for sharing this I hope you get a chance to read it I just now read it for the first time and it is a tough thing I truly needed to hear. My son Tristan and I were very close and I miss them so desperately it is almost the six-month mark by next week and every time I see the clouds and look at anything beautiful he is in my heart and my soul with love Patti tristan's mom

Patricia Nilssen - July 01, 2016 at 09:48 PM

IM

“ *Im from Merrillville, IN I'm a manger at a restaurant called Chick-fil-A, I meet Tristen when he came into the restaurant, a few summers ago, he became a fan, he loved the food and I instantly enjoyed our conversations, became friends on Facebook, when he moved back to school, we kept in touch via Facebook/phone. Very inspiring young man, we encourage each other, we talked like we was best friends. Hearing about his passing, I'm lost for words, (for we know not the plans of God) Praying for comfort and strength for the family. Tristen was my friend and I will miss him, rest in peace my brother.*

Irvin Minor - January 14, 2016 at 08:50 PM



It is really strange I did not find this website before but I really need it now I am Tristan's mom and I really miss him with all my heart. In fact the only way to place it is to simply say my life will never be the same until I'm with him again. Every time I think of the sun I think Of a pure soul Who always kept me going. I am sure he's above me doing the same I just miss his smile his laughter and his hugs this is his mom thank you for sharing Patti

Patricia Nilssen - July 01, 2016 at 09:51 PM

JK

“ *I played on the DHHS soccer with Tristen. He was an easy guy to talk and always built others up with helpful advice on the field. I recall when we as freshman got the duty of filming one of the Varsity games. He was by far the best person to work the camera with. . I enjoyed playing with him and was always amazed at his talent.*

He was always friendly every time we crossed paths, Tristen had a genuine care for others. His easy going fun filled spirit and heart of Gold will be missed. My thoughts and Prayers go out to the Nilssen family.

~ Joshua K #30

Joshua K - January 14, 2016 at 10:51 AM



Joshua thank you for sharing I am so surprised I just found this website but I just did and next week makes and marks the six-month that our son has passed. I love hearing stories about him and others and helps me a lot so thank you. My heart is so broken over the loss Of this son sometimes I can't even breathe but I know Tristan would let me only go forward with him pushing behind aloha Patricia

Patricia Nilssen - July 01, 2016 at 09:54 PM



“ *Tristen is, like all of the Nilssen boys, a very cool dude. I remember meeting him while playing for the Dixie Fire soccer team. He was so friendly and kind to me. He had a sick swagger on and off the field. What I remember most about him is the way he always makes people feel better about themselves when he is around. I send my heartfelt condolences to the Nilssen family and I thank God and Tristen for the opportunity to know him. Rest in peace Trist. Thanks for being a friend to me and to so many others.*

Christian Clayton - January 14, 2016 at 10:39 AM



I'm sorry I have not replied earlier I just found this site today. But as it has been six months this week I really needed to hear these wonderful things. Yes my nine children are great but Tristan was Maesel filled son and my heart is broken deeply and his loss . I'm grateful that he made so many friends and such a tremendous impression on them it lets me know that I gave to the world something special and now he is somewhere else praising us on aloha Patricia

Patricia Nilssen - July 01, 2016 at 09:56 PM

BD

“ *I am so sorry to hear of Tristen's passing. He was such a nice guy. I hope he can now find peace. My thoughts and prayers go out to his family and friends.*

Britni Davis - January 14, 2016 at 07:56 AM



Thank you dear for sharing with me your thoughts Tristan was always the bright side of our family feel the joy laughter and tricks. He also had the biggest heart and was truly a son I will always be grateful for. I hope That you can know how much I appreciate her very much everyone has been so supportive. Thank you for taking the time keep us in your prayers aloha Patricia

Patricia Nilssen - July 01, 2016 at 09:58 PM

CB

“ Tristen worked with us at Landscape Pros this last year, he was a good worker, but more important a good Man. He was a fun guy to be around. I will miss him, and hope that Peace will find you.

Charles Bess

Charles Bess - January 14, 2016 at 06:28 AM